



PATHWAYS PROJECT

INSTITUTE FOR COMMUNITY INCLUSION, UMASS BOSTON



- 1. Are you the caregiver of a child with Down syndrome between the ages of 10-14?**
- 2. Do you check Facebook at least weekly?**
- 3. Do you wonder about the future for your child as they become an adult?**
- 4. Are you interested in creating a positive vision and learning how to take steps to make your vision a reality?**

If so, the Pathways Project for Caregivers of Children with Down Syndrome is for you!

Pathways Project participants will receive:

- » Small pieces of information delivered on a weekly basis from [Charting the LifeCourse](#) via a private Facebook group
- » Support and resources to plot a course toward a meaningful life for your child. This includes tools, resources, and videos
- » Opportunities to connect with other caregivers of children with Down syndrome via this private Facebook group to share ideas and strategies

Participants will be expected to:

- » Commit to receiving information over the course of 10 months
- » Join the private Facebook group and participate in online discussions as you feel comfortable

If you meet the project's criteria **AND live in the project's area of interest**, you will receive a gift card when you:

- » Complete a 15-minute survey once at the beginning of the group and again at the end
- » Participate in an optional 45-minute interview at the end of the project to share your experiences

[Charting the LifeCourse](#) supports parents to create a vision for a good, quality life for their child and have opportunities, experiences, and support to move that life trajectory in a positive direction!

To see if you qualify, scan the QR code with your phone, or [take the screening survey](#), or contact John Shepard by email at: john.shepard@umb.edu



FOR MORE INFORMATION, PLEASE CONTACT:

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