1. Are you the caregiver of a child with Down syndrome between the ages of 10–14?
2. Do you check Facebook at least weekly?
3. Do you wonder about the future for your child as they become an adult?
4. Are you interested in creating a positive vision and learning how to take steps to make your vision a reality?

If so, the Pathways Project for Caregivers of Children with Down Syndrome is for you!

Pathways Project participants will receive:
- Small pieces of information delivered on a weekly basis from Charting the LifeCourse via a private Facebook group
- Support and resources to plot a course toward a meaningful life for your child. This includes tools, resources, and videos
- Opportunities to connect with other caregivers of children with Down syndrome via this private Facebook group to share ideas and strategies

Participants will be expected to:
- Commit to receiving information over the course of 10 months
- Join the private Facebook group and participate in online discussions as you feel comfortable

If you meet the project’s criteria AND live in the project’s area of interest, you will receive a gift card when you:
- Complete a 15-minute survey once at the beginning of the group and again at the end
- Participate in an optional 45-minute interview at the end of the project to share your experiences

Charting the LifeCourse supports parents to create a vision for a good, quality life for their child and have opportunities, experiences, and support to move that life trajectory in a positive direction!

To see if you qualify, scan the QR code with your phone, or take the screening survey, or contact John Shepard by email at: john.shepard@umb.edu

FOR MORE INFORMATION, PLEASE CONTACT:
Jaimie Timmons, MSW, Principal Investigator
Senior Research Associate
Institute for Community Inclusion, UMass Boston
Jaimie.Timmons@umb.edu
or
Nicole (Niki) Baumer, MD, Principal Investigator
Down Syndrome Program Director
Boston Children’s Hospital
Nicole.Baumer@childrens.harvard.edu

The Pathways Project is a project at the Institute for Community Inclusion (ICI) at University of Massachusetts Boston with an award from the Deborah Munro Noonan Memorial Research Fund, Bank of America, N.A, Trustee. It is a collaboration between ICI, Boston Children's Hospital Down Syndrome Program, and the Institute for Human Developmental at the University of Missouri Kansas City.

www.thinkwork.org/pathways-project