Introduction

Many individuals with intellectual and developmental disabilities, or IDD, have a legal guardian who assists them in making life decisions about housing, health, and employment. A recent analysis of data from the National Core Indicators (NCI) Adult Consumer Survey has found that people with IDD who were represented by a legal guardian were less likely to have paid employment than people who were their own legal guardians.

This finding may help us understand the role that legal guardians play in access to employment. If guardianship is a potential barrier to community-based work, then guardians need to be directly engaged in efforts to promote integrated employment.

Overview

This study examined data from a sample of 12,213 people with IDD who responded to the NCI Adult Consumer Survey in 2012–2013. The sample captures data from respondents in 26 states. The purpose of the study was to observe and describe different demographic characteristics among the respondents, and how those characteristics correlated to different outcomes.

One of the characteristics examined was whether or not an individual was represented by a legal guardian. In the NCI survey, this was a single-item question with three response categories: yes, full guardianship; yes, limited guardianship; and no, person is independent. For the purposes of this study, responses to the question were collapsed into two groups: has a guardian or does not have a guardian.

Four categories of employment settings were included in the data analysis for this study. These employment settings were 1) individual employment in the community, 2) group employment in the community, 3) facility-based work, and 4) no paid job.

The setting categories were created by combining two items from the NCI survey. The background information section of the survey includes a question about whether an individual has engaged in a paid job in a community setting, and this is followed up by another question about whether the job activity was done primarily by a group of people with disabilities.

If “yes” is marked for both questions, the individual was deemed to have a job in the community in a group setting. If the questions were marked “yes” to engaging in a paid community setting job, but not primarily with a group of individuals with disabilities, they were categorized as having an individual job in the community. If “engagement in facility work only” was selected, they were included in the facility-based work setting group. If the question did not indicate engagement in any of the employment groups, the individual was classified as not having a paid job.

Findings

The findings of this study showed a correlation between legal guardianship and employment setting for individuals with IDD. People who have a legal guardian were significantly less likely than people who were independent to have any kind of paid employment. Among those individuals without a paid job, there was an even split in guardianship status: 48.7% had a guardian, and 51.3% did not have a guardian.
In the paid employment groups, the rate of people represented by a legal guardian decreased significantly by comparison. People with a guardian represented about 39.1% of individuals in facility-based employment, and comprised only about a third of respondents who were employed in the community. About 32.8% of people in group community-based work settings and 33.7% of people in individual community-based work settings were represented by a legal guardian.

Discussion

In addition to employment and guardianship, this study included a metric for capturing the respondents’ degree of intellectual impairment, on a scale of five categories: none, mild, moderate, severe, and profound. Like guardianship status, severity of intellectual impairment had a negative correlation with the likelihood of having paid employment. Individuals who experienced a higher degree of intellectual impairment were also less likely to have any kind of paid job.

However, guardianship for people with IDD is a complex issue. In general, guardianship does not necessarily reflect or neatly correspond to an individual’s degree of intellectual impairment. The current data set shows that rates of guardianship for people with IDD vary significantly across different states (Pettingell, 2017), and the requirements for guardianship vary according to state law (Whitenack, n.d.). Whether and why a guardian might be appointed depends on a given individual’s circumstances, and may be dependent on the discretion and biases of the court system (Morgan, 2015; Jameson et al., 2015).

Guardians often have significant influence over the lives of people with IDD. Legal guardianship should be considered as a distinct phenomenon that potentially influences individuals’ access to employment. To improve employment outcomes for all individuals with IDD, it may be necessary to explore whether and where legal guardians are able to access information about integrated employment, and whether there might be observable gaps or misalignment between guardians’ expectations and individuals’ employment goals.

Conclusion

The findings of this study highlight an important correlation between legal guardianship and employment for people with IDD. More research is needed to understand why people with legal guardians are less likely to attain community-based employment. Understanding why guardianship may represent a barrier to integrated employment can help providers, policymakers, and advocates engage with guardians to support improved employment outcomes for individuals with IDD.

References


